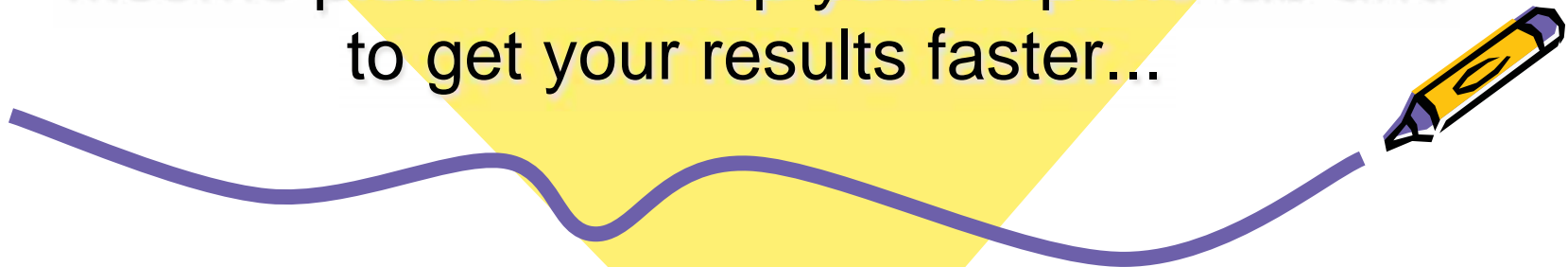


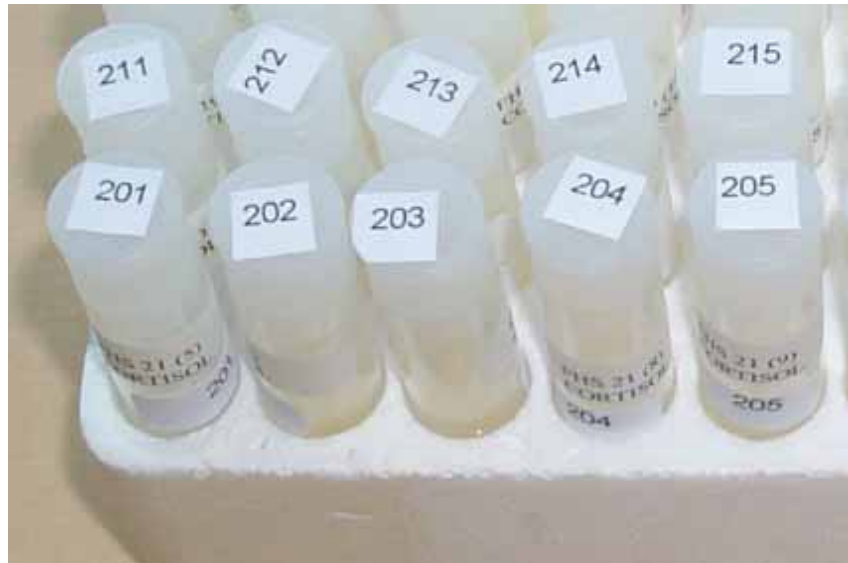
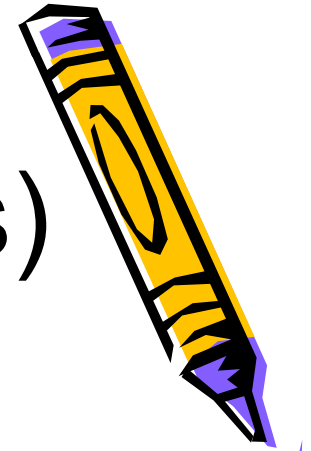


# Labelling and Shipping Samples

...some pictures to help you help the lab and  
to get your results faster...



# Please, write consecutive numbers on the cap (salivettes)



- Whatever your full subject/patient code is, put consecutive numbers on the cap for the lab.
- Use a waterproof pen or labels that won't come off after thawing.
- When assaying your samples, the lab will stick to those consecutive numbers only.



# Never do this, PLEASE!!

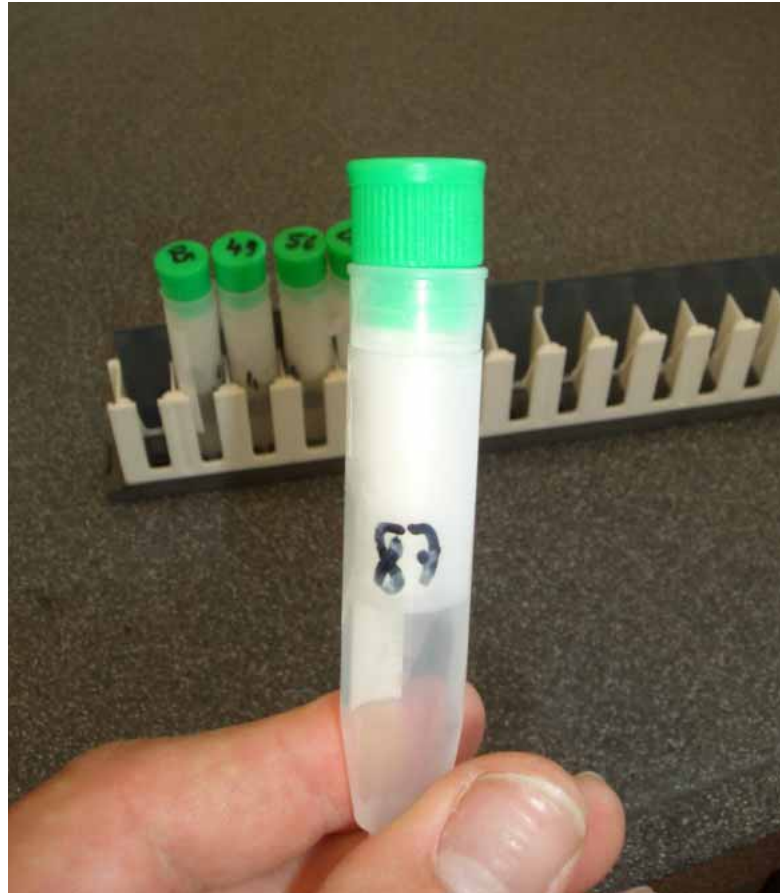
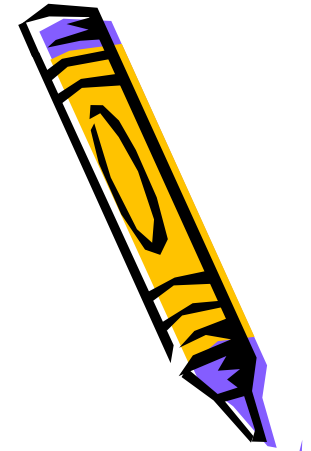


Wrapping tape  
around the Salivette  
(they will not fit in the centrifuge with  
tape around the vial or cap..)

Putting the cotton  
swab in the lower  
part of the Salivette  
(the swab must be returned to  
the small beaker/insert; only  
then the device can be  
centrifuged)



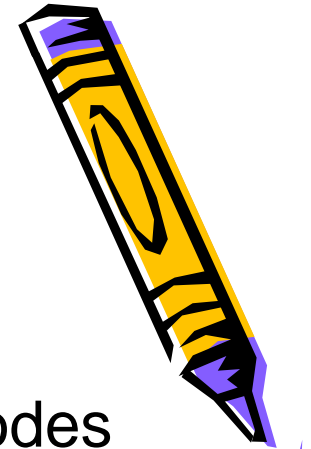
# Never do this, PLEASE!!



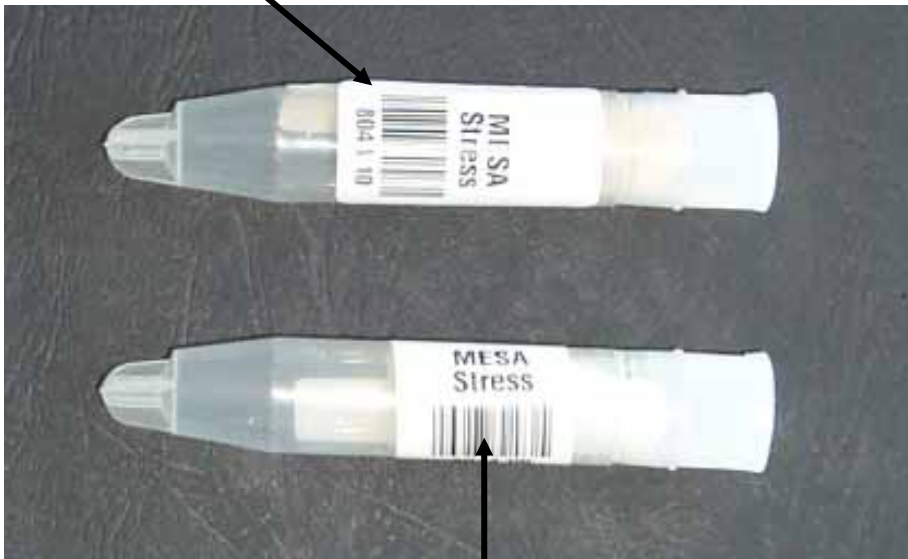
**Never ever** use the green-capped salivettes. The swab contains citric acid which interferes with most assay (resulting in false-high cortisol levels)



# Using Bar Codes



No!



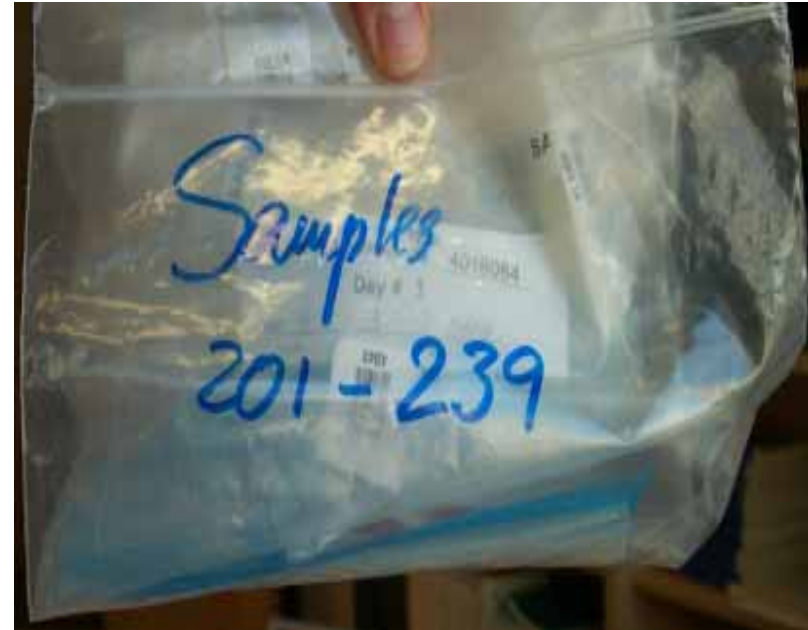
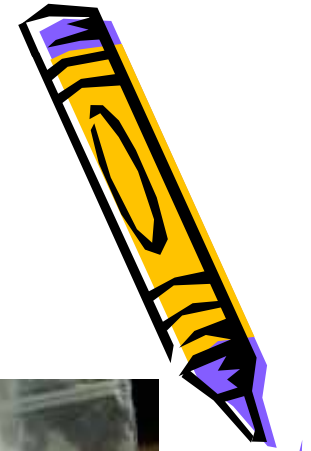
Yes!



- You can use bar codes for your samples.
- With bar codes, you do not need consecutive numbers on the cap.
- **NOTE:** The bars on the label must run from bottom to the top of the Salivette (like in the lower picture on the left)



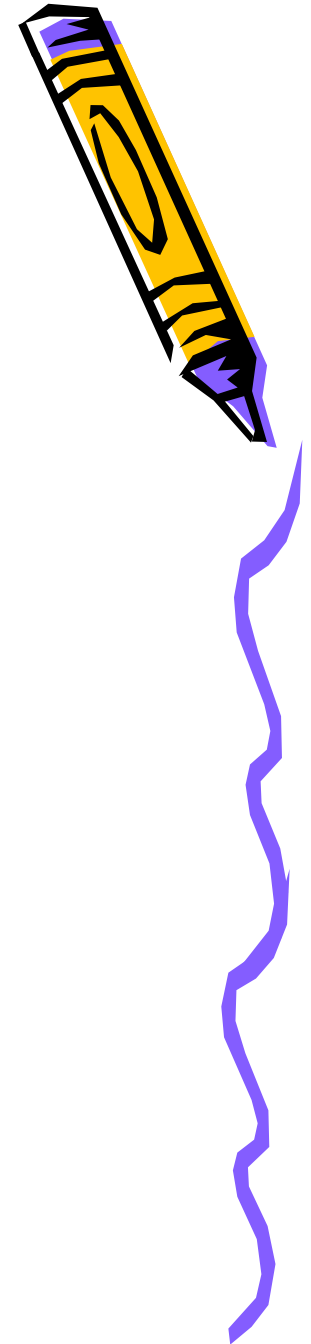
# Pack Salivettes in Zipper Bags



Put some 10-30 salivettes in a zipper bag (left) and label the bag with a waterproof pen or adhesive label (right)



# What is the Shipping Address???



It is:

Dresden Labservice GmbH

Tatzberg 47-49

01307 Dresden, Germany

If you need to provide a contact phone number, use: +49-15566-050030

or: +49-15253-724735



# How soon will I receive the results?

Unless otherwise agreed, you will normally receive your results within 1-2 weeks after receipt of your samples in Dresden. If absolutely needed, we can speed up the analysis.

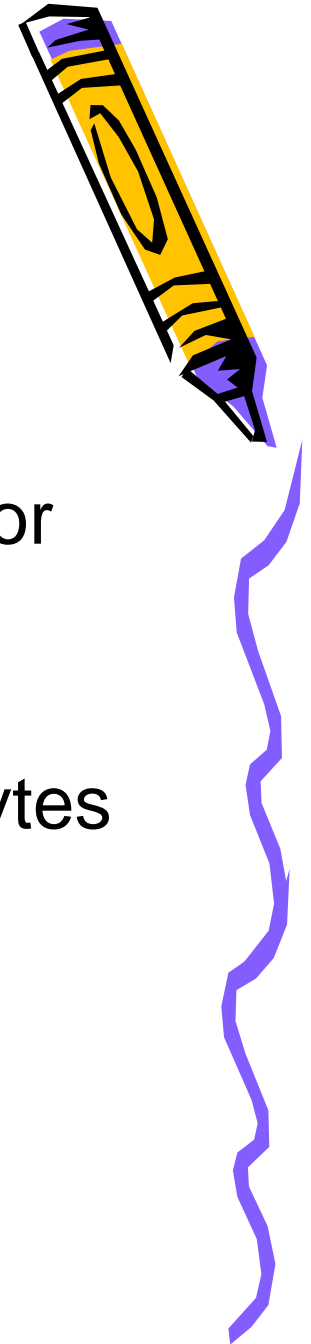
Larger batches (more than 5,000 samples) may take a bit longer...





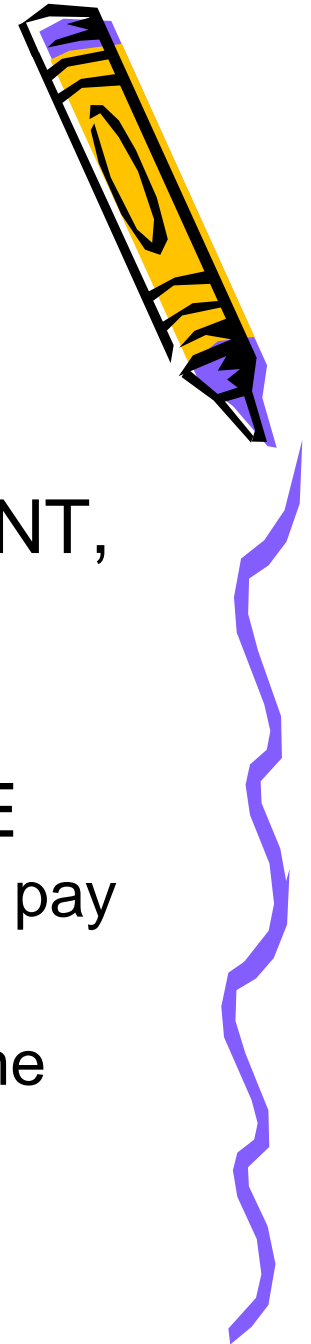
# Do I need to ship my samples refrigerated??

- Not necessarily - if you only want cortisol or amylase assayed from your samples, you can ship them without dry ice.
- Dry ice is recommended when other analytes are to be assayed.



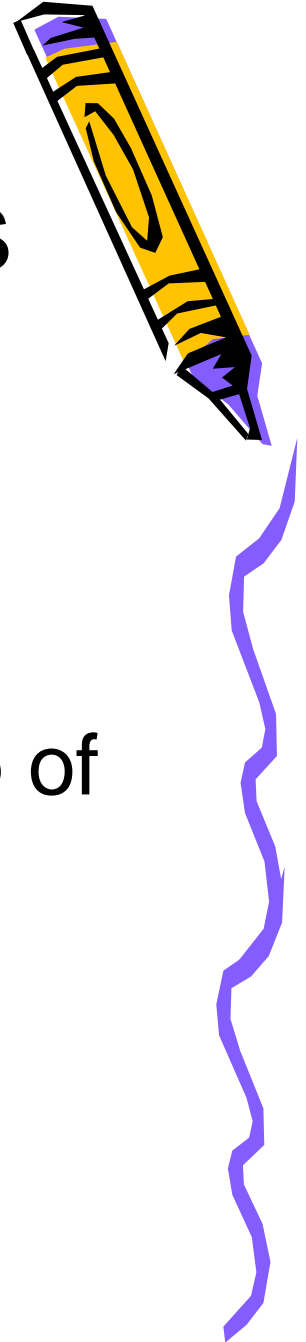
# How do I ship my samples to you??

- Use a courier service that will deliver the samples within 3-4 working days (DHL, TNT, FedEx, UPS etc.)
- When preparing the shipping papers, DO NOT STATE ANY COMMERCIAL VALUE (write 0.1\$ in the form; otherwise we will have to pay taxes)
- Name the following **customs tariff number** on the respective form: 3001 2010



# Avoiding delays at customs

- Print out the next page and put the label on top of your shipping box so that the customs officers can easily detect it. This usually avoids hold-up of your shipment at customs.



# Zollerklärung

Diese Sendung enthält menschliche Speichelproben. Die Proben stammen aus einer staatlich unterstützten wissenschaftlichen Studie und sollen von dem Empfänger auf Hormone untersucht werden. Sie sind nicht infektiös und dienen ausschließlich wissenschaftlichen Zwecken.

Kein kommerzieller Wert.

Wert nur für Zollzwecke: 0,1 Euro.

**Warentarif-Nummer: 3001 2010**

**EORI-Nummer: DE1347209-0000**

Bitte kontaktieren Sie bei Fragen  
Professor Kirschbaum unter  
+49-15253-724-735.